



The best activities guide around!

**NOVEMBER 2010**



**ZAMA ITT**

Select your "FUN TOUR"  
for your ideal hassle free vacation.

\* Predesigned vacation plans with tours, airfare, hotel,  
sightseeing and other miscellaneous fees included.

## FALL ESCAPEDE TOURS



## WINTER ESCAPEDE TOURS



## Other Fun Destinations

**Pool Tournament – 3rd**  
**Veteran's Day Nichibel Golf Tournament – 11th**  
**Turkey Shoot – 20th**  
**Hawaiian Luau – 20th**  
**Thanksgiving Day Buffet – 25th**  
**Bazaar – 27th, 28th**



“See the Bugle for the advertisement”.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# ZAMA Community BUGLE

## Contents

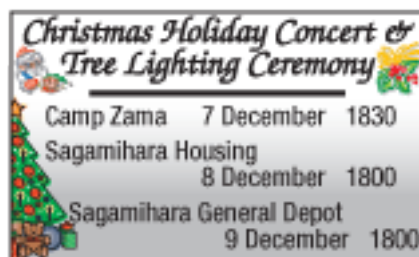
Army Community Service .....	21,22,23,24
Arts and Crafts .....	30
Automotive Skills Center .....	29
Bazaar .....	19
Bowling Center .....	14
Camp Zama Community Club .....	11,12,15,19,36
Camp Zama Golf Club .....	9,10,35
Chapel Activities .....	32
Child Development Center .....	8
Child, Youth and School Services ..	3,4
Community Activity Center .....	28
Community Libraries .....	30
Directory of MWR Facilities .....	33
Directory of Program Managers .....	2
Leisure Travel Services .....	32
Sagami Lounge .....	20
School Age Services .....	5
Sports, Fitness and Aquatics ..	25,26,27
Youth Sports and Fitness .....	6



## THIS MONTH'S COVER

Let's see now- one, two, three, four, five, six, seven, eight, nine.... For nine years in a row, the Camp Zama ITT has been voted the Stars & Stripes 2010 "Best of the Pacific" Travel agency. If you want to discover why, sign up for one or more of their fantastic tours and enjoy the benefits of great service with a staff providing you with expertise, personal attention and a vast array of tours to match your interest and budget. Yuko Inoue, ITT Office Operations Coordinator, displays a poster showing upcoming tours, and, Larry Clements, ITT Liaison Officer, proudly shows the Stripes 2010 "Best of the Pacific" magazine just published. See ITT for further information on reservations for the Spring, Fall & Winter Escapades, the unbelievable Sapporo Snow Festival Tour, Wagamama tours, and Japan Domestic Tours. Additionally, Zama ITT can help you plan your perfect travel experience with airline, train and cruise tickets; Rent-a-Car packages, private group tours, visa arrangements, hotel reservations and commercial and military discount tickets, and more.

Photo by Mr. Richard Haun.



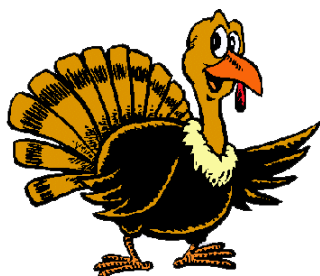
**"See the Bugle for the advertisement".**



**N**ote: The

Zama Youth Center  
will be closed on the  
following days:

11 November due  
to Veteran's Day,  
and 25 November,  
Thanksgiving holiday.



## ■ Child, Youth and School Services

• 263-4500 [www.zamayouthcenter.org](http://www.zamayouthcenter.org)

### HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

\* Hours may change due to scheduled programs.

### YOUTH CENTER

#### • Passport to Manhood

Tuesday, 2, 16, 30 November, 3 pm.  
Passport to Manhood is a program that concentrates on specific aspects of manhood through highly interactive activities for all club members ages 11 - 14. This program is designed to teach and promote responsibility, reinforce positive behavior, and develop character in adolescent males. To find out more about this program contact Mr. Eric Nakai at [eric.nakai@us.army.mil](mailto:eric.nakai@us.army.mil).

#### • Zama Youth Book of Records

Thursday, 18 November, 3 pm.  
Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record in free throws, 3 point shoot outs, hula hoop spins, pogo stick jumps, fastest rubric's cube or the Wii home run. This monthly event is open to all registered members in grades 6 - 12.

#### • "6th Grade Happening"

November 19, 7 - 10 pm. Calling all Arnn and Shirley Lanham 6th graders! Get dressed in your best and come out and party with your peers at the first "6th Grade Happening" of the 2010 - 2011 school year! Cost is \$2. Transportation is provided. Buses depart SHA Narita bus stop at 6:30 pm and Atsugi Theater at 6:15 pm to the youth center. Return bus departs the youth center at 10 pm.

### BE A PART OF SOMETHING SPECIAL! JOIN A CLUB!

#### • Keystone Club:

A great leadership program for teens

**EVER OTHER TUESDAY, 2, 16, 30 November, 3 PM**

**SMART GIRLS**

Smart Girls is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop to their full potential. For more information about this program or if you are interested in becoming a volunteer, please contact Mrs. Cindy at [cindy.rodriguez3@us.army.mil](mailto:cindy.rodriguez3@us.army.mil)

## The Zama Youth Center COLLEGE PREPARATION CLASSES

U.S. Army Child, Youth & School Services

**Wednesday, 3 and 17 November, 5:30 - 7:30 pm**



The youth center, in collaboration with Mrs. Maria Jackson, will be offering our last two College Preparation Classes. This program is open to all parents and teens in grades 7 - 12. Please join us to get more information about how to prepare your teen for higher education.

For more information, please phone 263-4500 or 263-8574

14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoneers plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, contact Ms. Yelitza Marin-Guzman: [yelitza.maringuzman@us.army.mil](mailto:yelitza.maringuzman@us.army.mil)

• **Torch Club:**

A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, e-mail [quinton.smith4@us.army.mil](mailto:quinton.smith4@us.army.mil)

• **DJ Club:**

Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for YOU. The Zama Youth Center staff will teach you all the basic criteria to become a professional DJ. This program is for registered members 7th - 12th grades. To find out more about this program, contact Mr. Robert Chance at 263-5441.

• **Tech Club & ZTN Crew:**

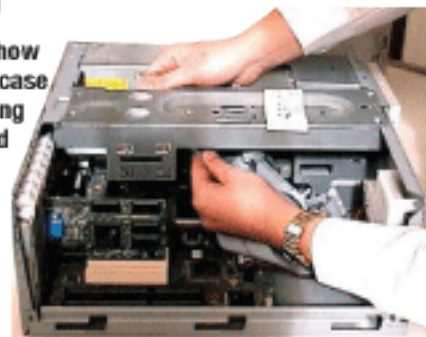
Be a part of a youth run news show! Club members in grades 6 - 12 will learn how to film, edit and produce their own news show which will be shown on the Zama Youth Center's website and on the MWR Channel. We're looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join at anytime. Also, check out Camp Zama's Teen Tech Team! Members are involved in photo taking, manipulation, movie making, web designing,

# STRUT

(Students Recycling Used Technology)

4 and 5 November, 3 pm  
At Camp Zama Youth Center Tech Lab  
[techlab@zamayouthcenter.org](mailto:techlab@zamayouthcenter.org)

In this 2 day program we will teach you how to build your own computer from a bare case and motherboard to installing an operating system, drivers, and hardware. At the end of the program you will have your very own computer to take home and have the satisfaction of knowing that it was built by none other than yourself! STRUT begins on Thursday, 4 November, and ends on Friday, 5 November.



If you have any questions, please call 263-8573.

and community projects concerning technology and much, much more. To find out more about this program, contact Mr. Chrismond Raga at [chrismond.Raga@us.army.mil](mailto:chrismond.Raga@us.army.mil).

**TECH LAB (263-4500/8573)**

• **ZTN Tuesdays**

Be part of your local youth news cast on Zama. We are a club that reports local news, upcoming events, and all things important to being a teen! Learn how to work an industry standard video camera, edit professional videos and news clips, direct,

and write scripts. We meet every Tuesday at 3 pm in the computer lab and film every other Tuesday. Adult volunteers to help with script writing, editing, and filming are needed! Please call 263-4500 or 263-8573 for more information.

• **Lego Robotics**

Have a fascination for robots? Think you have an idea of how to revolutionize the world? Join us on 3 November, 3 pm to build robots, program them, and finally end the program with a chance for your robot to compete against others on a specific task.





# A

re you

looking for a place where your children can join other children in a fun learning environment? Come join School Age Services Before and After school program.

**REMEMBER:** our SAS motto, "If its fun, we'll do it"

## School Age Services • 267-6013

### ... SAS Program Hours ...

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1430 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1515 - 1800

### WELCOME TO SCHOOL AGE SERVICES NEW SCHOOL YEAR 2010 - 2011

School Age Services (SAS) supplements the school schedule with a wide variety of after school activities for youths 1st - 6th grade. SAS offers care for "Before and After" School, Hourly Care, Open Recreation Pro-

gram, School Day Out and a Summer Camp Program. The Before and After School program has options for before school only or after school only. Each of these options entitles program participants to full day care services during out of school periods, excluding federal holidays, during the school year. Additionally, separate SAS Camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care.

### PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next Parent Advisory Council meeting is scheduled for 18 November. There are many newcomers in our community and we would like to extend a special invitation for you to attend. Child care is provided.

### ... SAS NOVEMBER EVENTS ...

**Theme: Sharing is Caring • Character Counts: Caring**

• SHA Movie Funtastic Adventure Day	Friday	5	1300 - 1500
• Half a Day Escapade 4H Clubs	Tuesday	9	1300 - 1700
• Tokyo Dome City Funtastic Adventure Day	Wednesday	10	0900 - 1630
• Veteran's Day	Thursday	11	Closed
• In House Activity Funtastic Adventure Day	Friday	12	0830 - 1700
• Thanksgiving Feast	Thursday	18	1500 - 1630
• PAC Meeting SHA SAS Bldg 337	Thursday	18	
• Thanksgiving Day	Thursday	25	Closed
	Friday	26	Closed

## SAS PROGRAMS OFFERED

School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Funtastic Adventure for a day
- Half a day escapade
- Creative play

**SKIES Unlimited**  
Schools of Knowledge, Inspiration, Exploration & Study



**"Super-Saturdays":** Free Open Recreation activities every second and fourth Saturday for the community from 1 - 6 pm. All events guarantee fun for your children.

**"Funtastic Adventure Day":** School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm. Cost is \$25 per day.

**"Half a Day Escapade":** School Age Services will provide care for your children on early release days from noon - 6 pm. Cost \$15 per day.

**"Creative Play"** (occasional/hourly care): SAS will provide 12 hours of hourly care per month. Reservations must be made in advance. Cost is \$3 per hour.

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.

**"International Outreach"** This program is designed for SOFA status children attending Japanese schools. School Age Services will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

## **VOLLEYBALL, FLAG FOOTBALL AND CHEERLEADING**

Games are every Saturday, until 11 December.

## **OFFICIALS FORYOUTH SPORTS**

Youth Sports and Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.

## **REGISTRATION**

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

## **SPORTS PHYSICAL**

AR 608-10 requires all youth participating in youth sports programs to complete annual sports physicals and provide a copy as part of their

registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, CER staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at BG

Crawford R. Sams Clinic may be limited as the result of so many renewing their youth sports physical.

## **FOR MORE INFORMATION**

If you have any questions, please check our website at [www.zamayouthsports.org](http://www.zamayouthsports.org) or contact us at 263-5437/4066.



**BASKETBALL SIGNUPS**

**1 November - 17 December**

Co-ed:  
5 - 6, 7 - 8,

Boys:  
9 - 10, 11 - 12, 13 - 15

Girls:  
9 - 11, 12 - 15

**For more information,  
263-5437/4066**



**DODGEBALL SIGN-UP**

**1 November - 17 December**

This is a co-ed league for youth ages 7-15. Practices start mid-December and games are 8 January - 5 February.

“See the Bugle for the advertisement”.



## **ZAMA CHILD DEVELOPMENT CENTER, 263-4992**

### • Closed

- \* Thursday, 11 November
- \* Thursday, 25 November (Thanksgiving Day)
- \* Friday, 26 November
- **Bring Your Favorite Book Day**  
Monday, 1 November, all day
- **Book Swap Day**  
Friday, 5 November, all day
- **Library Time at Zama Library**  
Tuesday, 9 November, 10 - 11 am
- **Recycled Collage Art**  
Monday, 15 November, all day
- **PAC Meeting**  
Thursday, 18 November, 11:30 am - 12:30 pm
- **Bring Your Teddy Bear Day**  
Friday, 19 November, all day
- **Library Time at Zama Library**  
Tuesday, 23 November, 10 - 11 am
- **Thanksgiving Luncheon with Families**  
Wednesday, 24 November

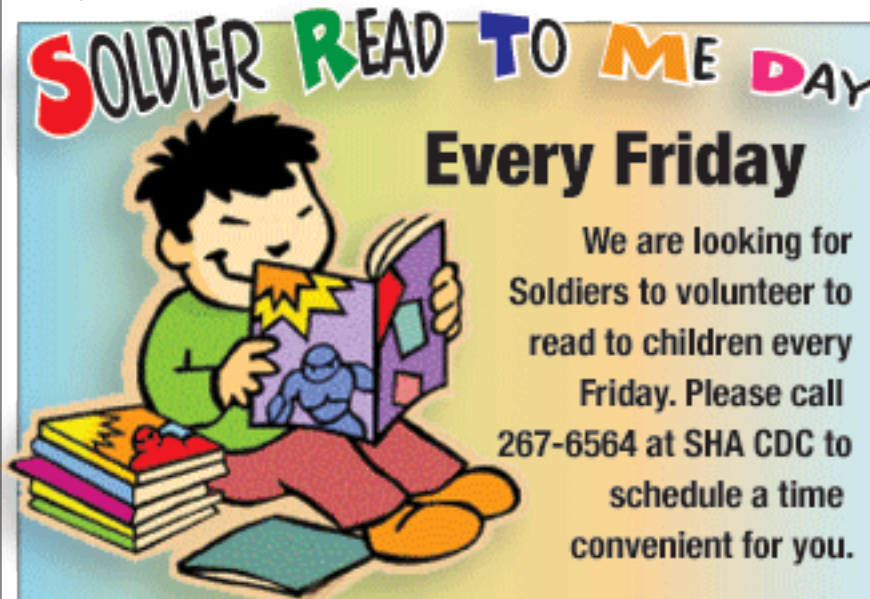
## **SHA CHILD DEVELOPMENT CENTER, 267-6348**

### • Closed

- \* Thursday, 11 November
- \* Thursday, 25 November (Thanksgiving Day)
- \* Friday, 26 November

- **Caring Week (1 - 5 November)**
- **Community Helper Visit Day**  
Every Tuesday, 2, 9, 16, 23 and 30 November. Call to volunteer at SHA, 267-6564.
- **Wear Red Day**  
Friday, 5 November
- **Citizenship Week (8 - 12 November)**
- **Brown Bag Discussion**  
Monday, 8 November, 11:30 am - 12:30 pm (open to all parents).
- **Wear Purple Day**  
Friday, 12 November

- **Parent Teacher Conferences**  
Monday - Friday, 15 - 19 November.
- **PAC Meeting**  
Thursday, 18 November at Cafe Roberto, 11:30 am - 12:30 pm
- **Free Infant Massage**  
Thursday, 18 November, 3:30 - 4:15 pm, call SHA at 267-6564.
- **Fall Harvest Dance**  
Friday, 19 November, time TBA.
- **Thanksgiving Luncheon**  
Wednesday, 24 November, 11 am.



## *Parent, Japanese Cooking Class*



**Friday,  
19 November, 9 - 10 am, at SHA CDC**

Photo by Mr. Dustin Perry

For more information, 267-6564

SHA CDC Reiko Kennison, an American Culinary Federation Certified Culinarian, also has an Associate of Applied



Science Degree, a Serv/Safe Food Manager Protection Certification, and Army Food Safety Manager Certification and has worked in the food service field for over 15 years. Mrs. Kennison teaches a monthly Japanese Culinary Cooking Class for the Zama CYS parents with dishes such as sushi, yakisoba, curry, okonomiyaki and onigiri which parents then make and eat in class. The class, limited to 8, is 9 - 10 am monthly at the SHA CDC Kitchen. Signup sheets are at all CYSS centers.

# T

rade-Ins.

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://value-guide.pga.com/>



## ■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

### November at a Glance!

Veterans Day Charity Tournament - 11 November  
Nichibel Tournament - - - - - 17 November  
Turkey Shoot Tournament - - - - 20 November



### TOMODACHI DAYS ARE AS FOLLOWS:

5 November - Friday  
12 November - Friday  
19 November - Friday  
26 November - Friday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

### NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 17 November, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost



is \$25 for SOFA status golfers plus green fees for nonmembers

### TEE TIME INFORMATION

#### • Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

#### • Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

**NOTE:** All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

SATURDAY 20 NOVEMBER ZAMA GOLF CLUB TEE TIMES START AT 0630

Flights determined after entries received.  
Handicaps used to make the flights but play is scratch.  
There will be gift certificates awarded for the low gross winners in each flight.  
Awards presentation and Thanksgiving lunch buffet following golf.  
Deadline for entry is Tuesday, 16 November at 1700 hrs.

Contact Dale Jorgenson, Director of Golf at 263-3694  
Email at [dale.jorgenson@us.army.mil](mailto:dale.jorgenson@us.army.mil)

# TURKEY SHOOT

18 HOLE INDIVIDUAL STROKE PLAY





## LUNCH

### Monday (Tour of Asia)

- 1 Chinese BBQ Ribs
- 8 Mongolian Chicken
- 15 Chicken Adobo
- 22 Beef and Broccoli
- 29 Okonomiyaki

### Tuesday (Tour of America)

- 2 Meat Loaf w/Mushroom Sauce
- 9 BBQ Spare Ribs
- 16 California Chicken Sandwich
- 23 BBQ Chicken
- 30 Tex-Mex Burger

### Wednesday (Tour of Italy)

- 3 Shrimp Linguini Pasta
- 10 Penne Pasta w/Pesto Sauce
- 17 Chicken Mediterranean Pasta
- 24 Lasagna w/Home Made Garlic Bread

### Thursday (Tour of Mexico)

- 4 Beef Enchiladas
- 11 Holiday (Veterans Day)
- 18 Chicken Enchiladas
- 25 Holiday (Thanksgiving Day)

### Friday (Tour of the Ocean)

- 5 Salmon w/Baked Potato

## LUNCH

- 12 Seafood Pasta
- 19 Fried Cod Fish and Shrimp
- 26 Shrimp Quesadilla w/Mole Sauce

### Saturday

No Lunch Special

## LUNCH

### Sunday (Tour of Overseas)

- 7 Chicken Florentine
- 14 Giavanti (Scallops and Shrimp)
- 21 Chicken w/Mole Sauce
- 28 Beef Fajitas w/Guacamole



## PAYDAY SCRAMBLE

**FREE!** MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to USARJ community and their family members. Fun, food and prizes!

Friday, 3 December (11 am shotgun start)

**COMMERCIAL SPONSORSHIP**  
and the **ZAMA GOLF COURSE**  
**STAFF** thank our sponsor, **RED BULL**, for supporting our community and this event.



# Gift Card

**NOW AVAILABLE FOR THE HOLIDAY SEASON**

*The Zama Golf Club presents*  
**Joe Golfer**  
*with a*  
**\$100 Gift Card**  
Cert# 13  
Expires 09/23/11

"Looking for the perfect gift for the golfer in your family? Why not a gift card from the Camp Zama Golf Course? The cards can be used for any golf course purchase (green fees, cart fees, merchandise, food and beverage)."



**R**eminder that the "Gridiron Challenge" is held every Thursday from 5 - 7 pm in the Firelite Lounge. Pick your teams for the forthcoming weekend NFL games, and if you have the most winning picks you can win two quality prizes. For more information, phone 263-4547 (see page 15).

**CZCC**  
**BINGO**  
*Night*  
**Every Thursday Night!**  
 Cards on sale starting: 6 pm  
 Early Bird Game starts: 6:45 pm  
 Regular Game starts: 7 pm.  
**FOR MORE INFORMATION, PLEASE CALL 263 - 4547**



## ■ Camp Zama Community Club

• 263-4547

### FIRELITE LOUNGE

#### • Hip Hop Music w/DJ

On Friday Night, 5, 19 and 26 November, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

#### • Latino Night

Friday, 12 November and Saturday, 27 November, 10 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

#### • Country Music with DJ

On Saturday night, 6 and 13 November, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

#### • Old School Night

Saturday, 20 November, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

### LUNCH

#### Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95

Youths 8 - 12: \$7.95

Youths 4 - 7: \$4.95

3 and under: Free

**Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)

2 Fried Beef Potato Croquettes

9 Chicken Fried Steak  
w/Country Gravy

16 Chicken Picata

23 Chicken Diablo

30 Veal Parmesan

**Wednesday:** (Rotisserie Chicken, Chicken Don and vegetable of the day)

3 Pork Cutlet Milanese

10 Hamburger Steak  
w/Demiglaze

17 Beef Pot Pie

24 Pork Picata w/Tomato Sauce

**Thursday:** (Rotisserie Chicken and vegetable of the day)



### Catering Services

The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

**WEDNESDAY 3 NOVEMBER 6 PM - FINISH**

**POOL TOURNAMENT**  
**CZCC Firelite Lounge**

**1ST, 2ND, AND 3RD PLACE PRIZE**

**FOR MORE INFORMATION, PLEASE CALL 263-4547**





## LUNCH

- 4 • Hayashi Beef and Rice
- Penne Arrabiata
- 11 • No Lunch (Veterans Day)
- 18 • Ton Pou Rou
- Spaghetti w/Meat Sauce
- 25 • Thanksgiving Day Buffet
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
- 5 • Sliced Roasted Turkey
- Bread Stuffing
- Meat Dorian
- Mashed Potatoes
- 12 • Chicken Enchiladas
- Beef Tacos
- Mexican Rice
- Burritos
- Mexican Corn
- 19 • Baked Meat Loaf
- Chicken Penne Au Gratin
- White Rice
- Mashed Potatoes w/Gravy
- 26 • No Lunch



## DINNER MENU

**Sunday** (limited menu) 5 - 9 pm  
"2 for 1 Steak Night"

(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

**Monday** - Closed

**Tuesday** (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).

**Wednesday** (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Reservations: Please call 263-4547 before 3 pm.

**Thursday** (5 - 9 pm)

- "All You Can Eat Pizza, Pasta, Soup and Salad Bar"

## DINNER MENU

(no take out)

Adults: \$10.95

Youths 4 - 12: \$5.95

Under 3 years old: Free

- Regular menu

25 Thanksgiving Day Buffet

**Friday "Chef's Special"** (5 - 9 pm)

Regular Menu

Buffet

12 Bunco Night

19 Community Night

**Saturday** (5 - 9 pm)

- Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

20 Hawaiian Luau

13 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.



**FREE • FREE • FREE**

**It's Bunco TIME!**

**Gals ... and guys too!**

**12 November, 6:30 pm, at CZCC, Ballroom (right wing)**

\$100 Most Buncos	\$100 Most Wins
\$100 Most Mini Buncos	\$100 Most Losses

**For more information, 263-4547**

COME OUT TO YOUR NEW CAMARADERIE & TEAM BUILDING

**SOCIAL HOUR!**

**WEDNESDAYS, 4:30-7 PM @ CAFE ROBERTO'S**  
**FRIDAYS, 5-7 PM @ FIRELITE LOUNGE**

1st Friday - "Right Arm Night"  
2nd Friday - "Bring Your Boss Night"  
3rd Friday - No Social Hour On Community Nights  
4th Friday - Ichi Dan Night "One Team"

**FREE HORS D'OEUVRES**

WE SUPPORT THE DESIGNATED DRIVER PROGRAM  
Please contact a club employee if you need a ride home

**FOR MORE INFORMATION, PLEASE CALL 263-4547**

**Camp Zama Community Night**  
PRESENTS

**"TEAM TRIVIA"**

**FRIDAY 19 NOVEMBER 5-8 PM**  
**CZCC BALLROOM**

**FREE EVENT!**  
HOR D'OEUVRES, PRIZES & ENTERTAINMENT

**A GREAT TIME FOR EVERYONE!**

**FOR MORE INFORMATION, PLEASE CALL 263-4547**

“See the Bugle for the advertisement”.



- **King of the Hill Tournament**

Sunday, 7 November, 11 am - 6 pm.  
Come roll with the best or come to watch.

- **Hours of Operation for Thursday, 11 November** (11 am - 8 pm).

- \* Free bowling for children 10 and below
- \* \$.75 a game for the kids (11 - 17 years)
- \* \$1.25 a game for adults (18 and older)

- **No Tap Bowling Tournament**

Sunday, 21 November, 1 - 3 pm. It's fun and anyone can win.

- **FREE Bowling**

Thursday, 25 November, 11 am - 8 pm. Ate too much Turkey? Come to bowl off that "Full and Sluggish" feeling.

- **League Bowlers**

During the month of November during league play enter the Turkey Strike Game; you could win a Turkey for your holidays.



**BOWL 3 STRIKES IN A ROW**

**FOR A CHANCE TO WIN  
A THANKSGIVING BRUNCH FOR 4!**

**SUNDAY, 14 & 21 NOVEMBER, ZAMA BOWLING CENTER**  
**FOR MORE INFORMATION, PLEASE CALL 263-4780**

Logos: "Dine & Bowl" and "MWR" are visible in the top right corner of the advertisement.

Paid Advertisements

“See the Bugle for the advertisement”.



# THT

## TEXAS HOLD'EM TOURNAMENT

**SATURDAY 13 NOVEMBER 2 PM CZCC BALLROOM**

Tickets purchased by 9 November \$40

After 9 November \$ 50

Includes non-alcoholic drinks and prizes

Prizes will be based on the number of players

Sign up at the CZCC Cashier's Window

Adults only

**FOR MORE INFORMATION, PLEASE CALL 263-4547**

## CZCC-TEXAS HOLD'EM FALL POINTS TOURNAMENT



### GAME SCHEDULE

3 November, Wednesday Weekly Game

5 November, Friday Weekly Game

10 November, Wednesday Weekly Game

12 November, Friday Weekly Game

17 November, Wednesday Weekly Game (Double Points Night)

19 November, Friday Weekly Game

24 November, Wednesday Weekly Game

26 November, Friday Weekly Game (Turkey Hunt Night Top 5 Bounty Game)

1 December, Wednesday Top 16 Players From Weekly Game (Finals)

**Eligibility:** You must be at least 18 years of age to participate (not in high school).

Open to all authorized MWR patrons (military active duty personnel, Reservists, guards, retirees, DoD civilians with valid government ID cards or immediate family members.

Sign up at the cashier's window or call 263-4547 for more information.



*Are you ready for some Football? The CZCC presents the "3rd Annual Gridiron Challenge Program"*

## GRIDIRON CHALLENGE

*Below are the prizes to be awarded to the person who selects the most NFL winners each week. Weekly entry forms are available at the "Football Frenzy" held every Thursday beginning 9 September in the CZCC Firelite Lounge, 5 - 7 pm. Your entry for the forthcoming weekend games must be turned in by 7 pm. A copy of the "Tie Breaker" information will also be available at the "Frenzy".*

- Week 8: Dymex 19" flat screen TV (from Budweiser) and ¥5,000 coupon (from TGI Friday's)
- Week 9: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 food coupon (from Outback)
- Week 10: Lexmark printer, scanner, fax, copier (4 in 1) (from Powerade) and Bud Lite Lime cooler (from Budweiser)
- Week 11: HCT home audio system (from CZCC) and two (2) tickets for Sunday Brunch - The New Sanno
- Week 12: Kodak digital photo frame (from Coca-Cola) and Bud Light lime cooler (from Budweiser)
- Week 13: Sony digital camera (from Exchange New Car Sales) and patio umbrella and folding sports chair (from Miller Lite)
- Week 14: Avol 19" LCD TV (from Powerade) and ¥5,000 coupon (from Outback)
- Week 15: Blue Ray disc player (from Powerade) and ¥5,000 coupon (from TGI Friday's)
- Week 16: Ipod video player / entertainment system (from USA Federal Credit Union) and ¥5,000 coupon (from Outback)
- Week 17: Nintendo Wii console game set (from Coca-Cola) and ¥5,000 coupon (from TGI Friday's)



WK 1. Jen Pesien



WK 2. Ralph Alfonso



WK 3. Chris Pesien

**NOTE: Each winner also receives a 4-pack of energy sport drinks (from Red Bull)**

**MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.**



The Budweiser and Miller Lite Companies Support "Responsible Drinking".





## Select your "FUN TOUR" for your ideal hassle free vacation.

*\* Predesigned vacation plans with tours, airfare, hotel, sightseeing and other miscellaneous fees included.*

### FALL ESCAPE TOURS



Laos  
November 23-28



Beijing  
November 24-28



Saigon (Ho Chi Minh)  
November 24-28



Angkor Wat  
November 24-28



Bangkok  
November 24-28



Taipei  
November 24-28



Kuala Lumpur  
November 24-28

### WINTER ESCAPE TOURS



Discover Taiwan  
December 19-26



Exotic Hong Kong & Macau  
December 19-26



Golden Triangle of India  
December 19-29



Classic Vietnam  
December 19-29

### 62nd SAPPORO SNOW FESTIVAL

**SAPPORO  
SNOW FESTIVAL  
ON SALE OCT 1**  
Spaces are limited,  
so reserve now.



- Pre Snow Festival  
February 4-6, 2011
- Opening Snow Festival  
February 5-7, 2011
- Snow Festival  
February 6-8, 2011

**CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.**



• Military PHONE 263-5273/4059  
• Military FAX 263-7507  
• E-Mail [travel@zamaitt.com](mailto:travel@zamaitt.com)

• Commercial PHONE (046) 254-8896  
• Commercial FAX (046) 255-0356  
• Website: <http://zamaitt.com>





12th Annual CAMP ZAMA CHILD, YOUTH AND SCHOOL SERV

# Christmas around the world

Friday, 10 December, 5:30 - 8 pm, Zama Community Club

**NOTICE:** Weather permitting, the event will be outside in the community club parking area. Dress warm!!

\*\*\* THIS PROGRAM IS FOR ALL COMMUNITY MEMBERS \*\*\*

**IT'S ALL "FREE"!!!**

*Enjoy dances and food samplings from different countries.*

And, Santa delivers early - there will be a "special" Christmas gift bag for youths in attendance (limited quantities available). Child, Youth and School Services (CYS) will conduct door prize drawings throughout the event. MWR Commercial Sponsorship will conduct door prize drawings for both youths and adults starting at 7 pm. For all door prizes you must be present to win.

For more information, please call 263-5441



Special Youth  
Bicycle (1)  
Special Adult  
Two (2)  
coupon

**MWR COMMERCIAL SPONSORSHIP** and the **CYS staff** thank the following  
supporting our community and the Camp Zama Youth Program:





VICES

S



U.S. Army Child, Youth  
& School Services

Camp Zama's Child, Youth & School Services, and CZCC will be presenting "Christmas Around the World 2010" in conjunction with "Community Night".

## Camp Zama Community Night

FRIDAY 10 DECEMBER 5:30-8 PM

# FREE EVENT!

HORS D'OEUVRES, PRIZES & ENTERTAINMENT

A GREAT TIME FOR EVERYONE!



FOR MORE INFORMATION,  
PLEASE CALL 263-4547



h Prize:  
from Coca-Cola)  
ult Prize:  
¥5,000 food  
s (from Outback)

ing sponsors for

**MATTEL** Mattel Japan Ltd.



*Camp Zama Community Club's*

# HAWAIIAN LULAU

5 ~ 9 pm  
Saturday, 20 November  
CZCC Ballroom

Kekele & Wahine Dancers • Polynesian Performances  
Hawaiian Buffet • Bingo Games

**Cost: \$18.95**

*\*Music by "Islands of the Da Heart".*

For more info,  
please call 263-4547.

*\*Supported by the Camp Zama Hui 'O Hawaii Club & Kamali 'i 'O Ka 'Āina Hālau.*






## CAMP ZAMA COMMUNITY BAZAAR

NOVEMBER 2010

**SAT 27**  
9 AM - 5 PM

**SUN 28**  
10 AM - 4 PM

AT THE CAMP ZAMA COMMUNITY CLUB  
For more information : ☎ 263-5316

**Zama-ITT**

Tour & Travel information will be available  
For more information: ☎ 263-5273/4059

There will be drawings for prizes  
donated by vendors,  
Saturday & Sunday

OVER 50 VENDORS  
FURNITURE, JEWELRY,  
POTTERY, ANTIQUES, etc ...









LUNCHES	LUNCHES	DINNER SPECIALS
<b>MONDAY</b> 1 Chicken Cutlet (Lounge Special) 8 Chicken Tatsuta Don 15 Fried Rice, Karaage and Yakisoba 22 10oz Hamburger Steak w/Cheese 29 Grilled Chicken <b>TUESDAY</b> 2 Steak Don 9 Hamburger Steak and Fried Shrimp 16 Steamed Chicken 23 Chicken Saute w/Mustard 30 Taco Rice w/Enchiladas <b>WEDNESDAY</b> 3 Garlic Chicken Saute 10 Pork Cutlet w/Picante Sauce 17 Lasagna w/Garlic Bread 24 Turkey Ala King	<b>THURSDAY</b> (All-U-Can Eat) 4 Italian Buffet 11 Closed 18 Mexican Buffet 25 Closed <b>FRIDAY</b> 5 Salmon Saute w/Soy and Butter Sauce 12 Chicken Tempura Don 19 Seafood Platter 26 Chicken Saute w/Curry Sauce <b>DINNER SPECIALS</b> <b>TUESDAY NIGHT (LIMITED</b> <b>MENU/DINNER SPECIAL - \$8.50)</b> 2 Mexican Dinner 9 BBQ Dinner 16 Pizza and Pasta Dinner 23 Regular Menu 30 Regular Menu	<b>WEDNESDAY NIGHT</b> Family night movies for adults and youths 3, 10, 17 and 24 November, regular dinner menu. Choose your discount. <b>THURSDAY NIGHT</b> <b>(CHEF'S SPECIAL DINNER)</b> 4 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20) 11 Closed 18 Pre-Thanksgiving Buffet, 5 - 8 pm (\$20) 25 Closed <b>FRIDAY NIGHT</b> Mongolian BBQ on 12 and 26 No- vember, enjoy the best Mongolian BBQ in town!!! Also, on 5 and 19 November we offer the regular din- ner menu.

Paid Advertisements

“See the Bugle for the advertisement”.

**C**amp Zama  
Army Family Action Plan  
Symposium will be held  
January 2011.  
What is AFAP? Because  
the Army's leaders  
recognize that to have a  
quality Army, you must be  
satisfied with the Army's  
way of life.

## ■ Army Community Service • 263-8327

### MOBILIZATION AND DE- PLOYMENT PROGRAMS, 263-HELP (4357)

Please phone at 263-8089 to schedule your unit pre / post-deployment readiness training, reunion briefing, Family readiness group training, and unit Rear Detachment Commanders (RDC) training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

#### • Pre / Post Deployment Support and Operation R.E.A.D.Y. Training

Please note the time for this training; the training is designed to

help all mobilizing, deploying, and redeploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment. Briefings and trainings are held on Friday the 5th, 12th and 19th of November, 9 - 11 am, at ACS Bldg. 402 in the Outreach Room. No class on the 26th.

#### • Deployed Spouse Program

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.



### Medical Morning Briefing

18 November, 8 am - noon, Camp Zama Community Club right wing

Health care professionals provide information about medical care and counselling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations and child immunization record.

FOR MORE INFORMATION, 263-8091/4357

### AER/FINANCIAL/EMPLOY- MENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members

## NEWCOMERS ORIENTATION 263-HELP (4357)

For information contact ACS, at 263-8091.

**NEWCOMERS ORIENTATION:** Wednesday, 17 November, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

#### NEWCOMERS TRAIN CLASS, PARTS I AND II:

**PART I:** Wednesday, 17 November, 3:30 - 4:30 pm, Camp Zama Community Club, right wing. This class will teach you how to read the signs in the stations, buy train tickets and more.

**PART II:** Saturday, 20 November, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

**SHOPPING ON THE ECONOMY:** Saturday, 20 November, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.



**MWR COMMERCIAL SPONSORSHIP** and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls: 99 + 001 + Country Code + Area Code + Phone No.





a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil two weeks in advance minimum.

• **Scheduled Financial Classes:**

(all classes are held 1:30 - 3:30 pm)

- \* Budget at ACS            Monday
- \* Banking at ACS           Tuesday
- \* Debt Management       Wednesday
- \* Investment TSP           Thursday

First Term Soldiers on their initial duty assignment shall complete all four classes during in-processing.

• **AER Emergency Leaves:**

Primary funding for travel to a gateway city by service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

• **Employment Readiness**

Provides assistance with resumes and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoons, 1:30 - 3:30 pm, at

**MAYORAL/DEPUTY ELECTION**

Elections for Community Mayor/Deputy will be held this month

Mayoral / Deputy Election	
Nomination	1 - 10 November 2010
Voting	11 - 27 November 2010

Voting boxes will be placed in several locations throughout the community. The voting age for community Mayor/Deputy is 18 and older. Teens may only vote for teen Mayor/Deputy Mayor.

For more information, please contact ACS at 263-8087 / 4357

ACS (pre-sign up is required):

- \* 1st Friday (5 November):  
Resume and Cover Letters
- \* 2nd Friday (12 November):  
Interview Techniques and Dressing for Success
- \* No class on 20 November.

**EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)**

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members

with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents

**Military Units and Organizations**

**Greeting Card Contest**

This is the 6th Annual Holiday Card Contest. Units and organizations are encouraged to participate in this holiday activity. Get in the Christmas spirit and display your decorative greeting and promote your unit or organization message. Plywood can be picked up at ACS, Bldg 402, starting the 1st of November; all cards are due back to ACS before or on the 30th of November (no cards will be accepted after this date). Judging will be conducted on 4 December. There will be awards for 1st (\$200), 2nd (\$125), and 3rd place (\$65), and will be presented on or about 10 December at 1 pm at gate #7.

**CHRISTMAS HOLIDAY DECORATION CONTEST**

Decorate the outside of your home for the holidays! Homes will be judged on creativity, originality, lighting, holiday spirit and overall presentation. Judging will be conducted on 4 December. There will be awards for 1st, 2nd, and 3rd place in each housing area. Awards will be presented on 10 December.

For more information, contact the Community Life Officer at ACS at 263-8087.

when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS (16 November) noon - 1 pm. An EFMP workshop on EFMP ACS Social Services will be held on 22 November, noon - 1 pm, at ACS. If you would like to become an EFMP Respite Care Provider and or learn more about eligibility for EFMP Respite Care, please phone 263-4572.

## ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

What is AFAP?


Because the Army's leaders recognize that to have a quality Army, you must be satisfied with the Army's way of life. AFAP connects you with the Army. AFAP is an idea and issue gathering. AFAP makes things happen, sometimes all the way at the TOP. You can submit issues all year at: <http://www.mwrjapan.jp.pac.army.mil/>. and click "Submit an AFAP Community Idea / Concern". Issues can be submitted any-

## NPSP

**New Parent Support Program- 263-4572.**

**The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.**

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Ann Elementary School).
- **Baby Love Seminar:** "Dental Care for Young Children" on 18 November, 10:15 - 10:35 am, during play morning session at EDIS (Ann Elementary).
- **NPSP Workshop:** "Developmentally Appropriate Toys", at ACS, 15 November, noon - 1 pm.
- **Breast Feeding Support Group** meeting will be held 4 November at ACS Bldg 402 from 9:30 - 10:30 am and 15 November, at SHA CDC from 9:30 - 10:30 am. Class will be taught by a MEDDAC OB Nurse.
- **Baby Bundles** information and supplies for new and expecting parents and electric breast pumps are available by calling 263-2382 or emailing [cheryl.lendon@us.army.mil](mailto:cheryl.lendon@us.army.mil).




mously and will be sent directly to the AFAP Program Manager. You will be heard.

### • Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. You can register as a volunteer in the Volunteer Manage-


ment Information System (VMIS). It's easy to get started! This can be completed at your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not have an account at [www.myarmyonesource.com](http://www.myarmyonesource.com), register for an account by going to the site and clicking on "register for an account". Once registered, click on "Become a Volunteer" and select "Volunteer



## Family Advocacy Program

*Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens families and enhances relationships. We believe that these services help support our Soldiers, their families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or brief contact 263-HELP (4357). The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.*

- **Sexual Assault Prevention and Response Program (SAPRP)**  
Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training, and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP/4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP/4357 or 090-9395-8909.
- **Victim Advocacy**  
Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.





Registration". For more information, contact the Army Volunteer Corps Coordinator at 263-8087/4357.


• **Army Family Team Building (AFTB), 263-HELP (4357)**

*The Key to your Army Journey and Passport to Power!*

Join us for our next AFTB Class or go online at [www.armyonesource.com](http://www.armyonesource.com)! If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that you will be able to use throughout your military career.

**INFORMATION AND REFERRAL, 263-HELP (4357)**

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. Af-



**Survivor Outreach Service**

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

*For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402*

ter: 4:30 pm and on weekends, maps and directions can also be found on [www.mwrjapan.army.mil](http://www.mwrjapan.army.mil) under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

• **Children's Japanese Class**

Every Monday, 10:30 - 11:15 am and 11:15 - noon.

• **Adult English as a Second Language Class (ESL)**

Every Wednesday, 1 - 2:30 pm. All levels.

• **Adult Japanese Language Class**

Every Wednesday.

\* Advanced class: 10 - 11 am

\* Beginner Class: 11 am - noon

Taught by a native Japanese speaker. Class cancelled 25 November.

All classes are cancelled on American holidays.

**"See the Bugle for the advertisement".**

# A

ttention

## Potential Contractors.

**The Yano Fitness Center is seeking interested applicants in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises.**

## ■ Sports, Fitness and Aquatics

263-3954 / 4664

### YANO FITNESS CENTER

#### • Zama Book of Records

Every third Saturday of the month (next one scheduled for 20 November) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), volleyball serving (accuracy) and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun, challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano bulletin board. End of the

year winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book of Records. "You too, can become a living legend".

### AQUATICS (263-3348)

#### • Jacuzzi, Steam Room, Sauna

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

#### • Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

#### • Age Policy for Swimming Pool

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception:



YANO FITNESS CENTER

## SINGLES BADMINTON TOURNAMENT

9 AM  
SATURDAY  
27 NOVEMBER

\*Registration deadline is 9 pm, Friday, 26 November.  
\*For more information, please call 263-4664.



YANO FITNESS CENTER

## SINGLES TABLE TENNIS TOURNAMENT

9 AM • SATURDAY • 13 NOVEMBER

\*Registration deadline is 9 pm, Friday, 12 November.

FOR MORE INFORMATION, PLEASE CALL 263-4664.



Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

- **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

## SERVICES AND CONTRACTORS (263-4664)

- **Aerobics**

\* Instructor: Amy Bengel

Class times and fees vary; for exact times and fees, please see the Yano monthly schedules or call the Yano Fitness Center at 263-4664/5656. Times and schedules are subject to change depending on community needs.

\* Instructor: Ms. Hitomi Someya  
Zumba Class: Tuesdays and Thursdays at 1730. Times and schedule subject to change depending on community needs.

- **Martial Arts (Taekwondo Classes)**

\* Instructor: Kellie Williams

Tuesday - Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1815 - 1915

Cost: \$45 per month

\* Instructor: Kang Hyum Soon

Monday - Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate)

**NOTE:** All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

- **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every

Monday at 1845.

One session: \$6

4 sessions: \$20

## SERVICES

- **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for the information regarding this policy.

- **Aqua Massage**

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be at least 16 years old. For more information, call 263-4664/3954.

- **Shizuka's Massage Therapy**

"Massage with Shizuka" is now

being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

## • Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

## • Tanning Booth

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

0530 - 2025

Weekends:

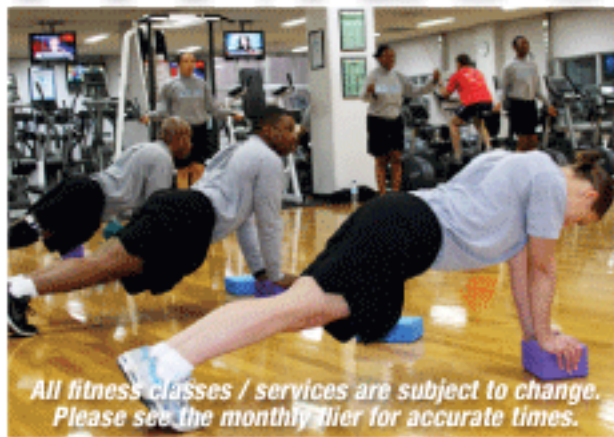
0800 - 1700

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).



**YANO FITNESS CENTER**  
**Learn-to-Swim**  
**FALL Program**  
**YOUTH & ADULT CLASSES**  
*\*Registration deadline is Wednesday, 10 November!*  
*\*Please check our flyer for specific details!*  
*\*For more information, please call 263-4664.*

## FITNESS



### FREE Fitness Classes / Services offered by Yano Fitness Center

#### Super Circuit Class

Monday and Wednesday: 1200 - 1230 • Fridays: 1730 - 1800

#### Unit Pt Training

Tuesday: 0630 - 0730 (Please call the fitness coordinator four weeks in advance to reserve time slot and program request).

#### Pilates: Tuesdays, 0900

#### HIT and Core: Wednesday, 1730

#### Personal Training / Program Consultations

Limited days and times BY APPOINTMENT ONLY.

\*Sign-up required before meeting - Fitness assessment and lifestyle questionnaire required.



**YANO FITNESS CENTER**  
**Friday Noon**  
**Back-to-Back Workouts**  
**TBC** *"These programs are FREE!"*  
**Total Body Conditioning**  
TBC is a unique exercise routine that will successfully improve fitness levels and body compositional changes in men & women of all ages. Combining aerobic exercising and circuit weight training, it's designed to work the entire body and movement and while concentrating on core development and strength.  
**YOGA**  
Yoga works on core strength while developing your range of motion and movement. Yoga will lengthen and help increase flexibility while strengthening the major muscle groups. Yoga helps develop sense of balance, flexibility, while working on breathing techniques that will help with stress management and targets the body as a whole. Yoga is a great way to increase lean muscle mass.  
For more information, please call 263-4664/5656.



## CLASSES

### • Ballet Class

\* Wednesday:

Pre-Elementary (4 - 6), \$40:  
1600 - 1645

Elementary (7 - 12), \$60:  
1700 - 1815

Junior (13+), \$60: 1830 - 2000

\* Thursday

Pre-Elementary (4 - 6), \$40:  
1730 - 1815

Adult (15+), \$60: 1830 - 2000

### • Ballroom Dance

\* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

\* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

• **Koto Lesson** (four classes a month, Adult: ¥8,000, Youth: ¥7,000).

Tuesday



Paid Advertisements

“See the Bugle for the advertisement”.

**L**imited  
Online Parts Ordering  
Service. Stop by the  
Auto Skills Center for  
more information to  
find the best prices for  
your vehicle.

## USED PARTS FOR SALE

- Beginner drivers mark - -  
(yellow & green) - - \$2 ea
- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- Safety flares - - - \$2
- CD player, stateside tuner  
starting at - - - \$35 ea
- After market aluminum rims  
starting at - - - \$60 set

We also have used tires; just  
stop by with your  
car and see if they  
are on the rack.



**CAR WASH**

The Zama Car wash can  
be accessed:

Monday - Tuesday: 8 am - 4:30 pm  
Wednesday - Friday: 8 am - 8:30 pm  
Saturday - Sunday: 10 am - 6 pm

The Sagamiara Housing Area car wash is closed indefinitely due to damage.

### HOURS OF OPERATION:

Monday and Tuesday: CLOSED  
Wednesday - Friday:  
1130 - 2000  
Saturday and Sunday:  
0930 - 1800

### PLEASE NOTE:

- All work areas must be clean and  
checked-out tools turned in by close  
of business.

### SAFETY ORIENTATION

DA-3031-1 Qualifications Card to  
use the automotive skills center is  
issued after a safety orientation given

every day 15 minutes after opening  
and whenever time is available. This  
briefing is required before facility use  
and takes about 45 minutes.

### SERVICES OFFERED BY THE AUTO SKILLS CENTER

#### • Engine Flush and Fuel System Cleaning

We offer a service of internal engine  
cleaning and fuel line cleaning for  
most vehicles and each service is  
only \$59.95. Engine flush requires  
the customer to purchase oil and  
an oil filter. Appointments must be  
made for both services.

#### • Used Vehicle Courtesy Inspec- tion

The Auto Skills Center offers a  
20-point courtesy inspection for  
Soldiers and eligible personnel who  
are considering the purchase or re-  
sale of a used vehicle. The purpose  
of this inspection is to help assess  
the condition of the vehicle before  
buying or selling. We do not make  
recommendations or give guarantees.  
Inspections are done by appoint-  
ments only. The courtesy inspection  
does not take the place of the JCI.

#### • Towing Service and Roadside As- sistance

We offer a towing service and road-  
side assistance Wednesday through  
Sunday during the Automotive Skills  
Center normal hours of operation.

**NOTE:** Final day of sign up is one day prior to the  
class. Participants are responsible for all  
materials and/or supplies for the class. For sign  
up information, please stop by or call 263-3615.

**CLASSES START AT 5:30 PM**

- How to do a basic tune up, spark plugs,  
air filter and oil change: 4 November
- What to look for when buying a used car:  
18 November

**Camp Zama Automotive Skills Center**

# CLASSES



# ■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

## NEW MCNAUGHTON BOOKS

- *Bearers of the Black Staff* by Brooks, Terry (Best Seller)
- *Crisis Economics* by Roubini, Nouriel
- *Frاند Design* by Hawking, S. W. (Best Seller)
- *I'd Know You Anywhere* by Lippman, Laura
- *Journey* by Blair, Tony (Best Seller)
- *Justice* by Sandel, Michael J.
- *Let's Take the Long Way Home* by Caldwell, Gail (Best Seller)

- *Spider Bones* by Reichs, Kathy (Best Seller)
- *This is Why You're Fat* by Warner, Jackie (Best Seller)
- *With Friends Like These* by Koslow, Sally

## NEW BLU-RAY DVDS

- The Best of Travel: Japan
- Grindhouse
- How to Train Your Dragon
- Iron Man 2
- The Maltese Falcon
- Prince of Persia

- Robin Hood
- The Secret of Kells
- Tommy
- The Treasure of Sierra Madre



**We are listening!**  
Good or Bad, we'd like to know!  
Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.  
<http://ice.disa.mil/index.cfm>

# ■ Arts and Crafts • 263-4412



Variety of craft supplies are on sale now starting from \$1.

## HOURS OF OPERATION

Monday - Tuesday: Closed  
Wednesday - Friday: 1130 - 1930  
Saturday - Sunday: 1000 - 1800

## CLASSES

- **Silk Screen Work Shop**  
\$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**  
Saturdays: 10 am, no fee.
- **Frame Shop Orientation**  
2nd and 4th Thursday, 5 pm,  
\$10 a class; supplies are included.  
Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.
- **Wash-Paper Craft Work shop**  
\$10 a class; supplies are available at the sales store (by appointment)
- **Ikebana** (fresh flower arrangement class)  
1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).
- **Shodo** (Japanese calligraphy class),  
Wednesday, 4 pm, \$10 for a class; includes all supplies.

## • Pottery Classes

\* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

NOTE: All classes require advance registration. Schedules are subject to change.



**2010 ARMY PHOTOGRAPHY CONTEST**

What does the world look like through your lens?

**Eight New Categories:**  
People  
Military Life  
Nature & Landscapes  
Animals  
Still Life  
Design Elements  
Digital Dark Room  
Monochrome

Submit entries, view category descriptions, see official rules and the gallery of 2009 winning entries at [arts.armymwr.com](http://arts.armymwr.com)

Deadline for submissions:  
November 30, 2010

Contest is open to Active Duty Military, Family members, retirees and Eligible Family and MWR Civilians. For local contest information contact your Arts & Crafts Center or Community Recreation Office.

IMCOM MWR

## CSM Abe Vega's visited to Camp Zama



Command Sergeant Major Abe Vega of the Family and Morale, Welfare and Recreation Command visited Camp Zama and Torii Station 21 - 25 September to assist in the deployment of the Warrior Quest Program Train-the-Trainer training and, on his first visit to our Garrison, to see the Army FMWR in Japan. CSM Vega was interviewed on TV by USARJ.



"Honshu Japan Warrior Adventure Quest Team" members.



## CAMP ZAMA BOSS PROGRAM

*Meeting every Tuesday at 1530 hrs in the Warrior Zone (located in Building 533). Everyone is welcome to attend!!!*

**BOSS President:**  
SGT Valery Valtrain  
Tel: 263-5197  
e-mail:  
valery.valtrain@us.army.mil

### BOSS WARRIOR ZONE HOURS!!!

Tuesday, Wednesday Friday:  
1800 - 2200

Saturday: 1200 - 2200

Phone: 263-3399

"See the Bugle for the advertisement".

## NATIONAL NATIVE AMERICAN INDIAN HERITAGE MONTH

Observance: 19 November

Place: Community Activity Center

Time: 1600 - 1700



Presented by USARJ EOA AND AMEDD- Japan



## ■ Leisure Travel Services • 263-4671

### TOURS AND EVENTS

- **Mashiko Pottery Festival**  
Saturday, 6 November, 5 am - 9 pm
- **Nishizawa Gorge Hiking**  
Saturday, 6 November,  
5:30 am - 8 pm
- **All You Can Eat Sushi and Hobby Fair**  
Sunday, 7 November,  
8 am - 8:30 pm
- **Cycle Sport Center**  
Sunday, 7 November, 8 am - 7 pm
- **Fuji Q Highland**  
Thursday, 11 November, 7:30 am - 7 pm
- **Racing Kart (NEW)**  
Thursday, 11 November, 11:30 am - 4:30 pm

- **Fishing at Lake Biwa (NEW)**  
Depart: Friday, 12 November, 11 pm  
Return: Saturday, 13 November, 9 pm
- **Hamamatsu Sightseeing**  
Saturday, 13 November, 5 am - 9 pm
- **AEON Lake Town Shopping**  
Sunday, 14 November, 8 am - 7 pm
- **Ueno Zoo and Park**  
Sunday, 14 November,  
8:30 am - 6 pm
- **Whale Watching**  
Saturday, 20 November, 6 am - 8 pm
- **Surfing Class**  
Saturday, 20 November, 7 am - 4 pm
- **Hakone Sightseeing**  
Sat, 20 November, 7 am - 6 pm
- **Yokosuka Shopping**  
Sunday, 21 November,  
8:30 am - 4:30 pm

- **Mt. Takao Free Time**  
Sunday, 21 November,  
9 am - 4:30 pm
- **Hiroshima Three Day Trip**  
Depart: Thu, 25 November, 2 am  
Return: Saturday, 27 November,  
9:30 pm
- **Indoor Ski / Snowboard (NEW)**  
Thursday, 25 November,  
8:30 am - 7:30 pm
- **Tokyo Disneyland / DisneySea**  
Thursday 25 November, 7 am - 11 pm
- **Factory Tour at Gunma (Kokeshi, Glass, Wine)**  
Saturday, 27 November, 6 am - 8 pm
- **The Railway Museum**  
Sunday, 28 November, 8 am - 6 pm
- **Kodo - Taiko Drum Performance**  
Wed, 15 December, 3:30 - 11pm

## ■ Chapel Activities • 263-4898

### CATHOLIC SERVICES

**Mondays - Fridays**, noon, daily Mass, Blessed Sacrament, Chapel  
**Sundays**, 9 am, Mass, Zama Chapel.  
**Sundays**, 9:15 am, Children's Liturgy of the Word. Blessed Sacrament Chapel.  
**Sundays**, 10:45 am CCD, Religious Education Center.

### PROTESTANT SERVICES

**Sundays**, 9:30 am, Sunday School for all ages at the Religious Education Center.  
**Sundays**, 10:15 am, Praise Team Rehearsal, Zama Chapel.  
**Sundays**, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

**Wednesday**, Praise Team Rehearsal, Zama Chapel

### SAGAMIHARA PROTESTANT INSPIRATIONAL SERVICES

**Sundays**, 9:30 am, Sunday School, Sagamihara Chapel.  
**Sundays**, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for

children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

**Wednesdays**, 6:30 pm, Bible Study, Sagamihara Chapel.

### JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Tuesdays**, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 046-234-9490, Brian Howard at 263-7419.

### BUDDHIST SERVICES

(Soka Gakkai International - U.S.)  
**Mondays and Fridays**, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

### SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30

am Sabbath School, 11 am Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

### ONGOING BIBLE STUDIES

**Sundays**, 9:30 am, adult Sunday School Class, "The Book of Romans" at the Religious Education Center.  
**Tuesday**, 6:30 pm, Bible Study, "The Book of Hebrews", SHA Quarters #551

**Thursdays**, 9:30 am - 11:30 am, Protestant Women of the Chapel, Religious Education Center, Child-care provided, POC: Molly Lang at 263-7161.

**Thursdays**, 6:30 pm, Bible Study, Zama Chapel Fellowship Hall.

### NOVEMBER SEASONAL ACTIVITIES

**Monday**, 1 November, 5 pm, All Saints Day Mass, Zama Chapel.  
**Tuesdays**, 2, 9, 16, 23 and 30, 7 - 9 pm, Handel's Messiah Rehearsal, Zama Chapel.

If you desire more information, please call the Garrison Chaplain's Office at 263-4898.

# ■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

## Army Community Services Branch

■ **Army Community Services** 263-4357  
Mon - Wed 0730-1630  
Thu 1300-1630  
Fri 0730-1630  
US Holidays Closed

## ZAMA Golf Club

■ **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-3694

263-4966  
(All the following golf activities are open during lunch).

**Course/Starter** 263-4975  
Mon-Fri 0700-1700  
Weekends & US / Japanese Holidays 0600-1700

**Restaurant** 263-7665  
Mon, Tue, Thu, Fri 0630-1900  
Wed 0630-1900  
Weekends & US / Japanese Holidays 0530-1900

**Pro Shop** 263-5284  
Mon-Fri 0645-1700  
Weekends & US / Japanese Holidays 0545-1700

**Driving Range (Unattended)**  
Mon - Fri Sunrise-2200  
Saturday Sunrise-1930  
Sun 1600-2200

**Chip Inn & Snack Stand** 263-5834  
Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

## Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780  
Mon-Wed, Sat-Sun 1100-2200  
Thu & Fri 1100-2230  
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606  
Tue - Sat 1100-2000  
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE** 263-4133

**Lunch**  
Tue-Fri 1045-1315  
Sunday Brunch 1000-1330

**Cashier** 263-4547  
Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0200

**Catering** 263-4204  
Tue, Thu & Fri 0930-1730  
Wed (Appts Only)

**Café Roberto**  
Sun, Tue & Wed 1100-2300  
Thu 1100-2200  
Fri & Sat 1100-2300  
No food service after 2200 hours

**Cornerstone Game Room (no bar)**  
Tue-Thu & Sun 1000-2300  
Fri 1000-0300  
Sat 1000-0230

**Firelite Lounge**  
Sun-Tue & Wed Closed  
Thu Closed  
Fri 1800-0300  
Sat 1900-0230

**USA Dining Room**  
Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097  
**Lounge & Game Room**  
Sun, Mon, Tue Closed  
Wed 1630 - 2300

Thu 1630 - 2100  
Fri 1630 - 0100  
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954  
**Take Out** 268-4142  
**Lunch (Mon-Fri)** 1100-1300  
**Dinner (Tue-Sat)** 1700-2000  
**Lounge/Game Room**  
Tue-Thu 1100-2200  
Fri 1100-2400  
Sat 1630-2300  
Open during lunch

## Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479  
■ **ADMINISTRATIVE OFFICE** 263-5614  
■ **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed  
Wed-Fri 1130-1930  
Sat & Sun 1000-1800

■ **AUTOMOTIVE SKILLS CENTER** 263-3615  
Mon-Tue Closed  
Wed-Fri 1130-2000  
Sat-Sun 0930-1800

■ **COMMUNITY ACTIVITY CENTER** 263-3939  
Mon-Fri 0800-2100  
Sat, Sun & Hol Closed  
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273  
Mon-Fri 1000-1800  
Open during lunch

■ **LIBRARY** 263-3517  
**Zama**  
Mon-Thu 1000-2030  
Fri-Sun 1000-1800  
Open during lunch  
U.S. Holidays Closed

**Sagamihara** 267-6603  
Tue-Thu 1000-1900  
Fri-Sat 0900-1800  
Sun, Mon & Hol Closed  
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671  
US Holidays Closed  
**Vehicle/Equipment Rental & Leisure Travel Services**  
Mon-Fri 0900-1730  
Sat-Sun 0800-1600  
Open during lunch

**Animal Boarding Kennels** 263-5915  
Mon-Fri 1000-1700  
Sat-Sun 1000-1600  
Closed for lunch 1230-1330

**Hardy Barracks Lodging** 229-3270  
**Kure Lodging** 256-2580

■ **POOLS** 263-3348  
**YANO** 263-5037

Mon-Fri 0600-1900  
Sat-Sun, Holidays 1000-1800  
**SHA (Summer)** 263-5656/267-6122  
Wed - Sat 1030-1800  
Sun 1200-1800  
Mon, Tue Closed

**DEPOT (Closed)**  
■ **SPORTS/FITNESS CENTER** 263-4664  
**Zama** 263-3954

Mon-Fri 0530-2100  
Sat-Sun, Holidays 1000-1800  
**Sagamihara** 263-3954/267-6762  
Mon-Sun Open 24 hrs  
**Depot** 268-4729  
Mon-Sun, Holidays 0930-1830

## Support Services Division

■ **DIRECTOR** 263-4273  
■ **ADMINISTRATIVE OFFICE**

## Child, Youth & School Service Division

■ **CHILD, Y&SS COORDINATOR** 263-8086  
(All the following CDC facilities are open during lunch.)

**Parent Central Services** 263-4125  
263-4743

Mon-Wed 0800-1700  
Thu 1000-1700  
Fri 0800-1700

**Family Child Care** 263-4743  
263-4125

**Sagamihara CDC** 267-6564  
Mon-Fri 0530-1800

**Zama CDC** 263-4992  
Mon-Fri 0530-1800

■ **YOUTH SERVICES** 263-4500  
**Zama Youth Center**

Mon-Thu 1430-2000  
Fri 1430-2200  
Sat 1300-2200  
Sun Closed

**School Age Services (SHA)** 267-6317  
Mon-Fri 0630-1800

**Youth Sports** 263-5437  
Mon-Sat 0900-1800  
Open during lunch

**School Liaison Office** 263-3241

## Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293  
**Reservation Desk** 263-2775  
**Front Desk** 263-3830  
Open 24 hours/7 days a week

## USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396  
■ **ADMINISTRATIVE OFFICE** 644-4270

■ **ARMY COMMUNITY SERVICE**

Director 644-4110  
Relocation Coordinator 644-4385  
Mob-Dep/IVC 644-4116  
Financial Readiness/AER 644-4378  
Family Advocacy Program 644-5919  
Victim Advocate/SARC 644-4908  
AFTB/AFAP Program 644-4743  
EFMP Program 644-4106  
ACS FAX 644-5918  
School Liaison Office 644-4703

■ **ARTS & CRAFT CENTER** 644-4303

Lobby 644-4706

■ **AUTOMOTIVE SKILLS CENTER** 644-5612

■ **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4256  
Lounge 644-4306  
Cashier Cage 644-4426

■ **LIBRARY** 644-4468

Staff Room 644-5335

■ **MARKETING**

Commercial Sponsorship 644-4495  
Graphic/Illustration 644-4665

■ **SPORTS / FITNESS**

Sports / Fitness 644-4334  
Aquatics 644-4389

■ **OUTDOOR RECREATION**

Scuba Locker 644-4795  
Retail Sales 644-4290  
Equipment Issue 644-4263  
Beach Rental Office 644-4659  
Cabin Reservation 644-4659

011-81-611-744-4659

## Kure Harbor Club

■ **MWR Office** 256-2580  
256-2581

0800-1630

■ **Outdoor Recreation** 256-2575  
0900/1700

■ **Dining Room**

Mon-Fri (Breakfast) 0700-0830  
Mon-Fri (Lunch) 1130-1300  
Tue-Sat (Dinner) 1630-2000

■ **Bar** Mon 1630-2000  
Tue-Sat 1630-2200

■ **PX / CLASS 6**  
Mon-Fri 0900-1730  
Sat 1130-1530



7th Annual Jimmie Coomer



# *Veteran's Day Nichibei Golf Tournament*



Cost - \$30 for Zama, Atsugi and Tama Hills members  
\$44 for non-members  
¥6,000 for JGSDF members stationed at Camp Zama  
¥8,000 for MLC/IHA  
¥11,000 for guests

*Cost includes carts, prizes and buffet luncheon.  
Sign up in the golf shop NLT Friday, 5 November.*

Thursday November 11th Zama Golf Club Shotgun Start At 0930

Contact Dale Jorgenson, Director Of Golf At 263-3694, Email: [dale.jorgenson@us.army.mil](mailto:dale.jorgenson@us.army.mil)

Z A M A G O L F C L U B



“See the Bugle for the advertisement”.



# Thanksgiving Buffet

At CZCC Ballroom

Thursday, 25 November, 10:30 AM- 2:30 PM

## **Carving Station**

Beef Top Round w/ Aujus and Horseradish  
Maple Glazed Smoked Ham w/ Pineapple Raisin Sauce

## **Entrée**

Traditional Roasted Whole Turkey w/  
Giblet Gravy and Cranberry Sauce  
Herb Bread Stuffing, Corn Bread Stuffing  
Salmon Pie w/ Sauce Americana  
Grilled Teriyaki Chicken  
Sliced Beef and Mushrooms w/ Onions, Demiglaze Sauce  
Mashed Potatoes  
Herb Roasted Potatoes  
Orange Glazed Candied Yams  
White Rice, Rice Pilaf  
Green Beans w/ Almonds  
Buttered Corn

## **Soup**

New England Clam Chowder

## **Salad Bar**

Assorted Bread, Assorted Desserts

## **Beverages**

Iced & Hot Tea, Coffee, Hot Apple Cider,  
Champagne & Fruit Punch

Tickets: Adults - \$20.95

Youths 8-12 - \$13.95

Youths 4-7 - \$9.95

Youths 3 and Under - FREE

